



3Ts Update

Mental Health Network Meeting
30 November 2010



Quality
Endorsed
Company

ISO 9001 Lic: QEC22546
SAI Global

The 3Ts Project:

Training, Treatment & Transferring knowledge



The Project Goals:

- Improve GP knowledge of MH and D&A services
- Improve referral pathways between, GPs, MH, D&A
- Increase # patients receiving MH and D&A screening and assessments in all 3 domains
- Increase # patients receiving physical health checks
- *Encourage GPs to become pharmacotherapy prescribers*

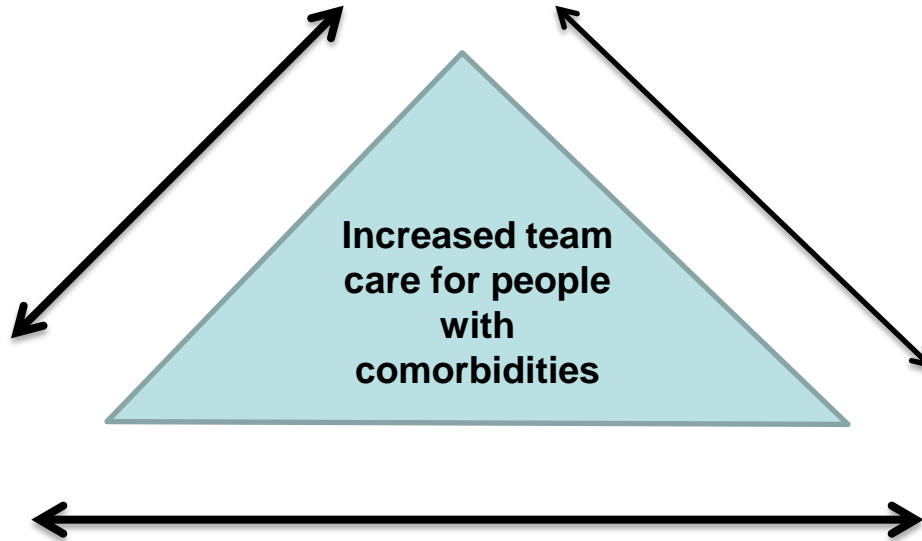
Main Components



- Clinical placements
 - 50 GPs, 25 MH workers, 25 D&A workers
- Mental Health Skills Training
- Division coordination and care pathways

General Practice Learning Environment:

- Medicare Item Numbers,
- Physical health checks,
- Practice nurse & MH Nurse roles,
- Access to Allied Psychological Services,
- General practice orientation.



Mental Health Learning Environment:

- Mental Health Act,
- Admission & discharge criteria & processes,
- Team member roles,
- Access to psychiatrist,
- Mental health examination

Drug & Alcohol Learning Environment

- Admission & discharge criteria & processes,
- Team member roles,
- Pharmacology,
- Access to detoxification specialist,
- Drug & alcohol screening

Comorbidity MH Skills Training



- Accredited course developed by NSW Institute of Psychiatry (& GP NSW)
- Multidisciplinary audience
- Offered in 4-5 Divisions (2 Urban + 3 Rural)

Division tasks



- Identify GPs, MH workers and D&A workers for placements, also venues / organisations.
- Conduct local committees to establish / enhance MoUs, referral pathways, protocols, resources and linkages between GPs, MH, D&A
- Facilitate delivery of MHST and promote skills building in the local workforce

3Ts Divisions



- Blue Mountains Division of General Practice
- Central Sydney GP Network
- Eastern Sydney Division of General Practice
- General Practice Network Northside
- Manly Warringah Division of General Practice
- [Mid North Coast Division of General Practice](#)
- Northern Sydney General Practice Network
- [Riverina Division of General Practice](#)

Progress and Problems



- Divisions with previous Comorbidity Grants are generally more advanced with their local committees.
- GPs want placements in new training triennium 2011-13.
- 1 GP completed placement – very positive evaluation.
- Area Health Service recently encouraged by NSW Health.
- AHS Drug and Alcohol slower to engage. A number of D&A Non Government Organisations being consulted.
- Opioid prescribing numbers increasing

Questions



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