

HKC Referrals-Public Health Services

It is advisable to contact first to clarify waiting times for the following services.

Vision

Clinic 3, Ophthalmology, RNSH Outpatient Department-**99268373** for referrals (need to have GP referral)

StEPS, Therese Salole/ Jodi Simons, Nurse Managers Pre School Screening (RNSH)-**9926 5007** for professional advice only

Vision Referral Criteria

- **Pass**-Visual acuity of 6/9 in both eyes
- **Borderline pass**-Visual acuity of 6/9-1 or 6/9-2 in either eye, advise to retest in 12 months with an eye health professional, parent to follow up.
- **Fail**-Visual acuity of less than 6/9-2 in either eye, contact StEPS
- **Refer**-Obvious pathology on observation of external eye and adnexa, that is currently untreated
- **High Priority Referral**-Visual acuity of 6/18 or less in either eye and require active follow up, contact StEPS asap.

Speech

Speech Pathology at **Hornsby Ku-ring-gai Health Service**

- To refer a child, parents can call the service any time on:
9477 9554 Hornsby Hospital
A speech pathologist will return the parents call within one week to discuss the referral and provide advice.

Eligibility criteria

- Children aged 0-12 years
- Children must live within the Hornsby or Ku-ring-gai LGA's
- Normal intellectual functioning or mild developmental delay

Speech Pathology at **North Shore Ryde Health Service**

- To refer a child, parents can call the service any time on:
9448 3155 Chatswood
9448 6877 Ryde
A speech pathologist will return the parents call within one week to discuss the referral and provide advice.

Eligibility criteria

- Children aged 0-12 years

- Children must live within the Willoughby, Lane Cove, North Sydney or Mosman LGA's (Chatswood)
- Hunter's Hill or Ryde LGA's (Ryde) Normal intellectual functioning or mild developmental delay

Children who are not eligible for the service will be given information on other appropriate services available.

Hearing

Hearing Clinics Northern Sydney Area (31/2-18 years). Parents can self refer.

- **9448 3155 Chatswood**
9448 6877 Ryde

Currently no clinic available in Hornsby

Dental

NSW Early Childhood Oral Health Service (ECOH)

- Clinics at Hornsby and Ryde
- GP to complete the **ECOH referral form and fax to 4320 3709**
- Ensure you have parental consent
- Phone advice for nurses: Fiona Blinkhorn 8877 5180 mob: 0416 192001

BMI referral criteria (no public health service available at present)

Weight Status Category	Percentile Range
Underweight	Less than the 5th percentile
Healthy weight	5th percentile to less than the 85th percentile
Overweight	85th to less than the 95th percentile
Obese	Equal to or greater than the 95th percentile

- Discuss with GP
- Give healthy eating, activity info

Other useful contacts/information

- Child protection **DoCS Helpline 13 36 27** (mandatory reporters)
- **Chatswood Assessment Centre**
46 Hercules Street
Chatswood 2067
9448 3182
Fax: 9413 4574
Purpose: The diagnosis and assessment of young children who have or may have a developmental disability.

Websites

Previously, a requirement of the check was the giving of the "Get Set 4 Life" Book. These books are no longer available to order but can be downloaded from
http://www.health.gov.au/internet/main/publishing.nsf/Content/Health_Kids_Check_GetSet4Life%20Guide

Please consider giving parents this link when writing to invite them for the 4 year immunisations and Healthy Kids Check.

These websites give information on normal development and developmental stages for 3.5 to 5 year olds

Positive Parenting Program (Triple P)
www.triplep.net Email: triplep@community.nsw.gov.au 9716 2873

www.resourcingparents.com

www.raisingchildren.net.au

www.families.nsw.gov.au

www.immunise.health.gov.au

www.health.nsw.gov.au

www.healthykids.nsw.gov.au

<http://www.parenting.sa.gov.au>