

**CSGPN**  
Central Sydney GP Network

# **GP Mental Health Care Plans - barriers and enablers**

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# NPIs for mental health?

- N\_MNH 2.2 (*12 Month*)

Number and proportion of general practices using a practice register/recall/reminder system to identify those patients who have participated in a GP Mental Health Care Plan with their GP, for review and appropriate action

# NPIs for mental health?

- N\_MNH 3.1 (*12 Month*)  
Number of GP Mental Health Care Plans claimed by GPs practicing in the Division's area, compared to the estimated population in the Division's area who could benefit from the development of a GP Mental Health Care Plan

# GP Mental Health Care Plans and Reviews - the barriers

- MBS mental health items - increased access but no evidence of equity or quality
- MBS mental health statistics for CSGPN
- So many care plans but so few reviews?

# GP Mental Health Care Plans and Reviews - the barriers

- Concerns with patient feedback
- The medico-legal implications
- MBS MH items work against team based care

# GP Mental Health Care Plans and Reviews - the enablers

- Mental health education - promoting best practice in mental health care
- Clinical assessment and support services
- Practice support - a whole of practice approach

# GP Mental Health Care Plans and Reviews - the enablers

- ATAPS - a best practice model
- Promoting co-located primary care practices
- Monthly mental health updates

# GP Mental Health Care Plans and Reviews - the enablers

- Encouraging GPs to provide psychotherapy
- Supporting GPs as prescribers
- Future 'enabling' recommendations