



Mid North Coast Division of General Practice
supporting general practices to provide better healthcare for our community

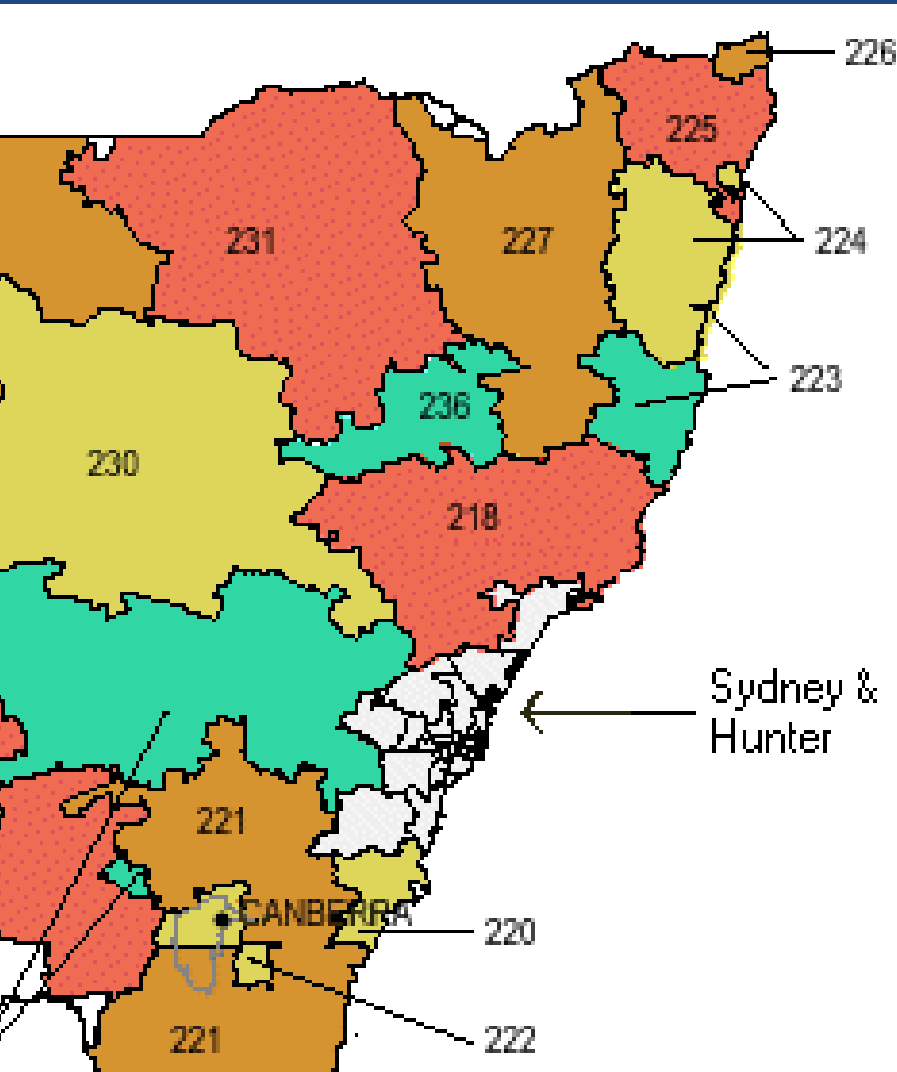


Shared Care Recovery

Kate Hooper



The Region



- total population of approximately 134,642 people.
- 11,916 square kilometres
- 44 GP practices, 151 GPs working in the Division area

Selling the model

- Pre existing mental health and drug and alcohol infrastructure through *can do* and *can do better* projects
- EOI to all practices
- In practice service
- Outcome driven
- Recovery focus
- Capacity building



Service Provision

- 3 successful practices
- Referral Criteria – Axis I Diagnosis
 - Substance use issue
 - Physical Health Issue
 - Age 18-65
 - NOT Case managed, P&P, MERIT
 - Primarily GP care



Service Integration

- Building relationships with other providers
- Over 2 different health services
- Fragmented local services
- Limitations of local resources
- PAG to assist
- Education events
- Informal and formal meetings



Statistically Speaking

- 125 people accepted to project
- 400+ occasions of service
- 22 not suitable – however provisions made for ongoing care i.e. “NO WRONG DOOR”
- Maintaining a caseload of 15 – 20 at each practice with different acuity and service needs

Why it works...

- Consistency
- Unlimited sessions and time
- Able to co ordinate care from a central point with medical oversight
- Strong focus on relationships with other service providers
- Building teams and links within the community

Things that numbers cannot say

- Returning to work
- Taking up study
- Going to the movies again
- Leaving the house
- Repairing relationships
- Having friends
- Sleeping
- Symptom management

