



An Australian Government Initiative

# NSW Dementia Behaviour Management Advisory Services (DBMAS)



**Supporting workers • Advice • Information • Referral**

The DBMAS can help you manage the care of people living in aged care facilities or in the community with severe and persistent Behavioural and Psychological Symptoms of Dementia (BPSD)

**Telephone Assistance Line**  
**1800 699 799**  
**24 hours a day**

Helping Australians with dementia and their carers



**Severe and persistent Behavioural and Psychological Symptoms of Dementia (BPSD) cause distress or harm to the person with dementia or their carers.**

Some examples of these BPSD are listed below:

- Agitation
- Delusions
- Hallucinations
- Depression
- Social withdrawal
- Resistance to care
- Screaming
- Inappropriate sexual behaviour
- Restlessness
- Wandering
- Physical and verbal aggression

**If you care for someone with dementia who displays behaviours which cause distress or harm, call the**

**DBMAS Telephone Assistance Line**

**1800 699 799**

**24 hours a day**

Our clinical staff may:

- Provide information to help you better understand the underlying influences of the behaviours you observe
- Suggest possible strategies to reduce the impact of these behaviours and
- Make referrals to local clinical teams or other dementia services when necessary

For general information on dementia contact the National Dementia Helpline on 1800 100 500