

The Healthy Kids Check Objectives

- To improve the health and well-being of Australian children
- Early detection of lifestyle risk factors
- Detection of development delay and illness
- Introduce guidance for healthy lifestyles and early intervention strategies

Research suggests....

- "Children who make a smooth transition and experience early success at school tend to maintain higher levels of social competence and academic achievement"
- "Beginning school behind one's peers is a substantial deficit from which children may never recover"

What has changed?

- In May 2010 the item numbers for HKC by PN or Aboriginal Health Worker changed from 711 to "**10986**". **Fee \$55.00**
- GPs will use an Item Number that is time based, for example "**703**" **standard health assessment** lasting more than 30 mins but LESS than 45 mins. Fee \$127.80
- Can be offered to children between 3-5 years of age, ideally at four years
- Item will not be claimable until all components are complete ie immunisation
- Able to claim in conjunction with bulk billing requirement

Eligibility

- Child needs to have had 4 year immunisations (or scheduled to have Immunisations)
- HKC is once in a lifetime
- Permanent resident in Australia or covered by a Reciprocal Health Care Agreement

New Item Number	New Item Name	New Fee
701	Brief Health Assessment of less than 30 minutes duration	\$55.00
703	Standard Health Assessment lasting more than 30 minutes but less than 45 minutes	\$127.80
705	Long Health Assessment lasting more than 45 minutes but less than sixty minutes	\$176.30
707	Prolonged Health Assessment lasting more than 60 minutes	\$249.10
715	Aboriginal and Torres Strait Islander peoples health assessment	\$196.65
10986	Healthy Kids Check provided by a practice nurse or registered Aboriginal health worker	\$55.00

The Assessment comprises of-

• **Information collection**

- Patient History (if not already done)
- Family; Environmental; Social; Lifestyle risk factors

• **Assessment**

- Health
- Examinations and investigations needed

• **Interventions**

- Referrals and follow-up of identified problems

• **Health Advice**

- Information given to parent as well as "Get Set for Life" if available

Mandatory	Non – Mandatory
<ul style="list-style-type: none"> • Consent to be noted • Measure Height, Weight, BMI • Check Eyesight • Check Hearing • Check Oral Health • Toilet Habits • Note allergies 	<ul style="list-style-type: none"> • Discuss eating habits • Discuss physical activity • Question speech and Language • Question fine and gross motor skills • Question behaviour and mood • Other

Sourced from Sharlene Vlahos, Healthy Kids Check Project Worker, Karitane