

Breakout Session Options

In the afternoon of Day 2 there are 4 breakout session. Participants can choose from:

Breakout Session Options	Who should attend?
<p>Option1 - Does your story have legs? Using the Media to Promote Closing the Gap</p> <p>If you're achieving great things or need to rally support, the cheapest way to get your message out is probably through the media. But if you've never written a press release or cold-called a journo, generating media coverage can be daunting.</p> <p>Heather Hillam, an experienced journalist and PR consultant will explain what TV, radio and print journalists are looking for and how to dish it up in a way they'll appreciate. Learn how to find talent, work out key messages, set up media opportunities and find a range of different angles within one story.</p> <p>Heather understands that some Divisions have dedicated staff to handle media queries, while others generate media interest on their own. Regardless, this session will leave you brimming with ideas on how to give your story legs so that it gets a run.</p>	<p>Indigenous Health Project Officers or anyone that is interested in using the media to promote their program.</p>
<p>Option 2 - Managing and Preventing Stress around Cultural Expectations</p> <p>Living and working in a community can be difficult to balance. Do you ever feel like you can't escape from your role? This session will talk about cultural boundaries and how to manage stress that may be from your workplace, community and family. Expectations from work can often be conflicting with your community and personal needs, which may lead you to feel stressed. This session will look at how to manage those conflicting expectations.</p> <p>This session will be presented by Glenn Williams, NSW Mental Health Coordinator at AH&MRC.</p>	<p>Aboriginal Outreach Workers or anyone that would like some practical tips on managing cultural expectations and stress.</p>
<p>Option 3 - The Strengths Model of Case Management – applying the principles with Aboriginal Patients</p> <p>The effectiveness of the Strengths Model of Case Management in working with people who have a mental health problem is well supported with a strong evidence base. The key elements of the Strengths Model have a wider application in case management outside traditional mental health services.</p> <p>This interactive workshop session will walk participants through the four core principles of the Strengths Model of Case Management (healthy disrespect for the impossible, venerate the clients, maintain the focus, and learn for a living). There will be opportunities for participants to become familiar with practical tools and principles from the model and how to apply these in case management or care coordination with Aboriginal people.</p> <p>The session will be presented by Steve Bailey from Macquarie University.</p>	<p>Care Coordinators involved in the CCSS program and anyone interested in a useful framework to guide thinking and practice when working with Aboriginal clients in primary care.</p>
<p>Option 4 - Networking for Aboriginal Outreach Workers in ACCHSs</p> <p>This session gives Aboriginal Outreach Workers in ACCHSs the opportunity to come together with representatives of AH&MRC to talk about issues in common, their training interests, and the possibility of establishing an AOW Network and more!</p>	<p>Aboriginal Outreach Workers within ACCHSs</p>