

Aboriginal Health and Medical Research Council of NSW

Adam Stuart- COAG Indigenous Health Project Officer
Kerri Lucas- Chronic Disease Team
Nadia Neal- Tobacco Resistance Control
March 2011



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AH&MRC Update

- ❑ AH&MRC overview
- ❑ AH&MRC Chronic Disease activities in the last 12 months
- ❑ Current AH&MRC Chronic Disease activities and Tobacco activities



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An Aboriginal Community Controlled Health Service is:

- ❑ Incorporated Aboriginal organisation.
- ❑ Initiated by a local Aboriginal community.
- ❑ Based in an Aboriginal community.
- ❑ Governed by an Aboriginal body elected by the local Aboriginal community.
- ❑ Delivers a holistic and culturally appropriate health service to the community that controls it.



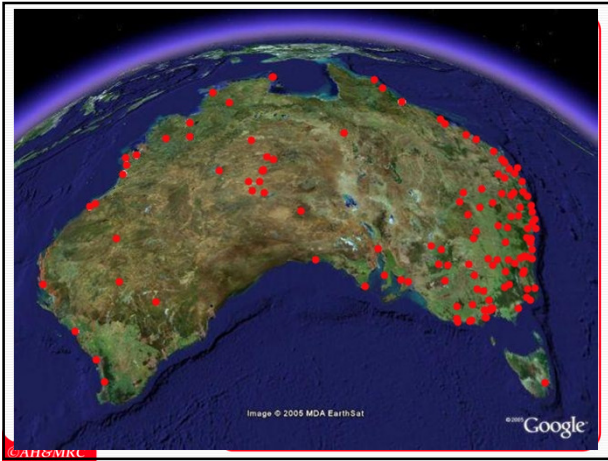
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Aboriginal Community Controlled Health Services

- ❑ Vary in size and range of services
- ❑ Services can include:
 - ❑ primary health and clinical care, including GPs
 - ❑ public health, chronic disease, health promotion, nutrition, physical activity, eye health, ear health, sexual health, drug and alcohol
 - ❑ HACC, transport, family support
 - ❑ Men's, women's, children health, youth
 - ❑ Dental
- ❑ Large employers of Aboriginal people nationally
- ❑ Important centers of activity and sources of pride for Aboriginal communities



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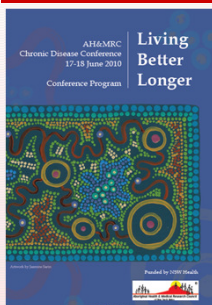
Chronic Disease Program

'Yarning about Renal Health Workshops'

- Griffith and Walgett –May 2010
- Targeting AHW, Nurses in AMS's and Area Health
- Renal health from the carer and family perspective
- Early detection and prevention of chronic renal disease in Aboriginal communities

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Chronic Disease Conference



Sydney, 17-18 June 2010

- Cancer
- Cardiovascular Disease
- Renal Health
- Tobacco Resistance
- Lupus and Arthritis
- Palliative Care
- Diabetes
- Oral Health
- Mental Health

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Sponsored Site Exchange Program

- ❑ Strong interest in site exchanges between AMS's for networking and information sharing
- ❑ The Sponsored Site Exchange Visit over two days and the AH&MRC funds travel and accommodation costs for participants.



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Who has been involved

Site visit no.	PARTICIPANT Site	HOST Site	Date of site exchange
1	Operations Manager and GP Tharawal Aboriginal Corporation	Practice Manager Durri Aboriginal Corporation Medical Service	22 nd -23 rd April 2010
2	Registered Nurse/Diabetes Educator Coomealla Health Service	Registered Nurse Albury Wodonga Aboriginal Health Service	12 th -13 th July 2010
3	Registered Nurse Albury Wodonga Aboriginal Health Service	GP Tharawal Aboriginal Corporation	26 th -27 th October 2010
4	Practice Manager Awabakal Aboriginal Medical Service	Practice Manager Galambila Aboriginal Health Service	7 th -8 th December 2010
5	Practice Manager and Receptionist Tobwabba Aboriginal Medical Service Incorporated	Practice Manager Wellington Aboriginal Corporation Service	16 th -17 th March 2011



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Experiences from AMS involved in the Sponsored Site Exchange Program

- ❑ "Recognising the inefficiencies of some systems and recognising valuable systems worth a trial at home AMS" (Participant)
- ❑ "An opportunity to see how another AMS functions daily and the challenges they face" (Participant)
- ❑ "Identified ideas on improving uptake of Child Health Checks" (Host)



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Other activities

- ❑ Quality Improvement- Australian Primary Care Collaboratives
- ❑ Teleconference new Indigenous Practice Incentive Program and PBS Co-pay



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Other activities

- ❑ The AH&MRC Chronic Disease Email Network chronicdisease@ahmrc.org.au
- ❑ Continue to host regional workshops on topics of interest from ACCHS staff



Raising awareness Campaigns

- ❑ Diabetes video streaming-partnership Australian Diabetes Council
- ❑ Community announcements to promote uptake of Health Checks and Healthy lifestyles

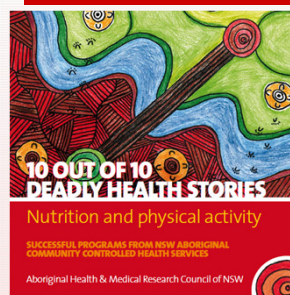


Other activities

- ❑ Working with NSW Health centre for Health Advancement on Healthy Children and Healthy Workers proposed programs and initiatives (June 2011)
- ❑ Consultation workshops state-wide December 2010- present



10 out of 10 Deadly Health Stories- nutrition and physical activity



Reprint
10 out of 10 Deadly Health Stories- nutrition and physical activity



Feel Good, Eat Healthy Tucker and move more everyday DVD



DVD with accompanying resources provides tips to improve your diet and find ways to move more everyday with hosts:

- Mark Olive and
- Lachlan Wright

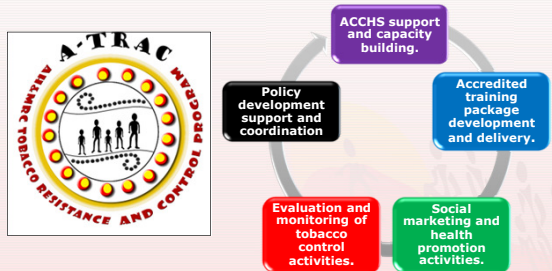
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Tobacco Team Overview

- ❑ AH&MRC – Tobacco Resistance and Control (A-TRAC)
- ❑ AH&MRC Tobacco Resistance Network (ATRN)
- ❑ A-TRAC Symposium
- ❑ Kick The Habit – phase 2.

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AH&MRC - Tobacco Resistance and Control Program



Aboriginal Tobacco Resistance Network

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A-TRAC Symposium 2011 AH&MRC – Tobacco Resistance and Control 21 – 23 JUNE 2011

Holiday Inn, Sydney Airport

AIMS & OBJECTIVES

- Provide an arena for NSW ACCHSs to showcase their achievements in tobacco resistance and control.
- Offer an opportunity to network and collaborate.
- Present opportunities for up-skilling in tobacco resistance and control.
- Promote best practices in Aboriginal tobacco resistance and control.
- Strengthen the Aboriginal Tobacco Resistance Network.

TOPICS/THEMES

- Tobacco and Aboriginal Health Workers
- Smoking and youth
- Using Social Media
- Smoking and Pregnancy
- Tackling Tobacco – Leading the Resistance

WHO SHOULD GO?

- Tobacco Action Workers and Regional Coordinators
- NSW ACCHS Staff interested in tobacco
- Staff from organisations currently working collaboratively with, or looking to work collaboratively with their local ACCHS.

Registrations open soon. For further information about the symposium please contact Jasmine Sarin (Snr Tobacco Resistance and Control Officer) jsarin@ahmrc.org.au or Kim Merritt (Administration Officer) kmerritt@ahmrc.org.au or call on (02) 92124777

NSW HEALTH



Kick The Habit



KICK THE HABIT



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