

Healthy Ageing Talk Series

Maxim-eyes Your Sight — prevention and management of aged related eye problems.

Friday 15th May 2009
at 10:30 am

Speaker: Dr Ian C. Francis, Ophthalmologist

Venue: The Auditorium, Level 1, 280 Pitt Street, Sydney (Sydney Mechanics School of Arts Building, between Park and Bathurst Streets, near Town Hall)

Admission : COTA NSW members FREE non members \$5 each

Call **9286 3860** RSVP essential for catering : Morning tea will be provided
Join COTA NSW to maximise your benefits call **1300 1300 50**

Next Health & Wellbeing Talk

Health is Wealth! Men's Health Day.

Thursday 4th June 2009 at 10am

Speakers: Dr John Darcy, Dr Michael Valenzuela, Bettina Arndt

Venue: The Auditorium, Level 1, 280 Pitt Street, Sydney

Bookings Essential for catering : 9286 3860

Admission: COTA NSW members free, non members \$10 each

Kindly sponsored by



A U S T R A L I A

COTA NSW
Council on the Ageing (NSW) Inc
Estab. 1956

Level4, 280 Pitt St
SYDNEY NSW 2000
Ph: (02) 9286 3860
Fax: (02) 9286 3872
www.cotansw.com.au
Email: exec@cotansw.com.au

