



**Central Coast Division of
General Practice**

How to Setup and Run a Division Suicide Prevention Program



Presentation Outline

- 1) Research
- 2) Reference Group
- 3) Model of Service Delivery
- 4) MHS Engagement
- 5) Policies and Procedures
- 6) Quality Assurance



STEP 1 Research

- What has been done before?
 - Griffith University AISRAP
<http://www.griffith.edu.au/health/australian-institute-suicide-research-prevention>
 - LIFE Framework
<http://www.livingisforeveryone.com.au/>
 - Risk Assessment Tools
http://www.ccdgp.com.au/site/content.cfm?page_id=63527¤t_category_code=2894
- What does this population want?



STEP 2 Reference Group

- Opportunity to engage with key stakeholders
- You cannot do it alone – use this group as a tool
- Include a researcher if you can
- Include after hours crisis services



STEP 3 Model of Service Delivery

CONTRACTOR

- Delegate clinical issues
- Delegate control
- High demand on contractors = high cost

EMPLOYED

- Retain clinical issues
- Retain control
- Cost efficiently address demand



STEP 4 Engage with Mental Health Service

- An opportunity
- Promote the service to Intake and Assessment teams
- Referral between ED and Division's program
- Be cautious with your own capacity



STEP 5 Policies and Procedures

- Address clinical governance issues
- Systematise
 - intake, assessment, intervention, discharge
- Focus on efficiency of service delivery



STEP 6 Quality Assurance

- Accept the dynamic nature of the system
- Use Reference Group input
- Evaluate
- Plan Do Study Act cycle



For more information

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