

What is Closing the Gap?

Aboriginal people have a life expectancy 17 years shorter than non-Aboriginal people. Closing the Gap is about closing this life expectancy gap by improving the health of Aboriginal people.

The Gap is mainly due to chronic disease. Many general practices have committed to improving the health of Aboriginal people by registering for the Closing the Gap Program, also called the Indigenous Health Incentive.

What is Chronic Disease?

Chronic disease is an illness that lasts for at least 6 months. Many can be prevented or better managed with health care professionals so you don't feel so sick.

Who can join the program?

Aboriginal and/or Torres Strait Islander people are eligible to join if their general practice or Aboriginal Medical Service has registered. Just ask your GP or contact your local Closing the Gap Officer.

What could I get if I join the program?

- Regular health checks
- Access to follow-up allied health care
- An individual care plan if you have a chronic disease and are 15 years or older
- Free or discounted PBS medicines at any age if you have a chronic illness or are at risk of one

How do I join?

- Tell your general practice you (and/or your kids) are Aboriginal and/or Torres Strait Islander
- Ask your GP for a health check
- Complete the registration form (once only) and consent form (every 12 months)

For more information contact your local Closing the Gap officer or go to:

<http://www.health.gov.au/internet/ctg/publishing.nsf/Content/home-1>

The artwork on this brochure was produced by Jasmine Sarin a proud Kamiliroi and Jeringa woman.



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Do you need help to find a doctor near where you live?

Are you Aboriginal and/or Torres Strait Islander?
Have a yarn with your doctor about a health check.

715 health check

715 health checks • PBS Co-payment Measure • immunisations • Men's or women's health • Bubs, kids and youth health • Allied health & dental • Local community services • Chronic disease management • Your health

Taking care of your health

Produced by the Government of New South Wales

The Government has funded Aboriginal and Torres Strait Islander Outreach Workers and Indigenous Health Project Officers across NSW to help Aboriginal people get access to health care.

This brochure will help you find a Closing the Gap Officer near you.



NSW Aboriginal and Torres Strait Islander Outreach Workers and Indigenous Health Project Officers



<p>Bankstown GP Division Area: Bankstown Sydney Phone No: 9793 8711 Contacts: Dianne Lewis</p>
<p>Central Coast Division of General Practice Area: Central Coast NSW Phone No: 4365 2294 Contacts: Natalia Barker, Dianne O'Brien</p>
<p>Dubbo/Plains Division of General Practice Area: Dubbo Phone No: 6884 0197 Contacts: Jelneetah Fogg, Melissa Mills</p>
<p>Hastings Macleay General Practice Network Area: Port Macquarie, Kempsey Phone No: 6583 3600 Contacts: Tony Dennison, Ro Stirling</p>
<p>Illawarra Division of General Practice Area: Wollongong Phone No: 4220 7600 Contacts: Pam Toomey, Estela Giminez</p>
<p>Murrumbidgee Medicare Local Limited Area: Wagga Wagga Phone No: 6923 3100 Contacts: John Dargin, Melinda Green</p>
<p>North West Slopes Divisions of General Practice Area: Werris Creek, Quirindi, Walhollow, Nundle Phone No: 6766 1394 Contacts: Donna Reid, Mary Porter</p>
<p>Shoalhaven Division of General Practice Area: Nowra Phone No: 4423 6233 Contacts: Pat Seymour, Nina Cheyne</p>
<p>St George Division of General Practice Area: St George Sydney Phone No: 9585 2044 Contacts: Sandra Johnston</p>
<p>Tweed Valley Division of General Practice Area: Tweed Shire, Coolangatta Phone No: 6672 5158 Contacts: Corinne Martin</p>

<p>Barwon Division of General Practice Area: Moree, Narrabri, Gunnedah Phone No: 6742 3633 Contacts: Cherie Piening, Chris Southwell, Jessica Blair</p>
<p>Central Sydney GP Network Area: Redfern, Surry Hills, Glebe Phone No: 8752 4924 Contacts: Jessie Kilpatrick, Dorothy Bamblett, Kim Toole</p>
<p>GP Access Area: Newcastle Metro Phone No: 4925 2259 Contacts: Lee Silva, Linda Baker</p>
<p>Hawkesbury Hills Division of General Practice Area: The Hawkesbury, The Hills, Riverstone Phone No: 8884 9477 Contacts: Bronwyn Manton, Karen Salt, Sarah Bridge</p>
<p>Mid North Coast Division of General Practice Area: Ulmarra, Grafton, Woolgoolga, Coffs Harbour, Nambucca, Macksville, Stuarts Point Phone No: 6651 5774 Contacts: Gloria Little, Sumah Lee</p>
<p>Nepean Division of General Practice Area: Penrith Phone No: 47211150 Contacts: Mitch Beggs-Mowczan, Donna Aitchison, Shirley Palmer</p>
<p>Northern Rivers General Practice Network Area: Lismore, Ballina, Byron Bay Phone No: 6622 4453 Contacts: Jamie Wimbus</p>
<p>South Eastern Sydney Division of General Practice Area: La Perouse, Matraville, Maroubra, Botany Phone No: 9663 5958 Contacts: Lisa Merrison</p>
<p>Sutherland Division of General Practice Area: Sutherland Phone No: 9545 3533 Contacts: Shona Dutton</p>
<p>WentWest Area: Auburn, Parramatta, Holroyd, Blacktown, Mt Druitt Phone No: 8811 7100 Contacts: Shana Mason, Maria Matthews, Jamie Matthews</p>

<p>Blue Mountains GP Network Area: Blue Mountains Phone No: 4742 3633 Contacts: Ely Chatfield</p>
<p>Central West Division of General Practice Area: Central West region NSW Phone No: 6332 6646 Contacts: Colleen Allen, Brian Grant</p>
<p>GP Network Northside Area: Hornsby Phone No: 9477 8700 Contacts: Annette Berwick</p>
<p>Hunter Rural Division of General Practice Area: Cessnock, Maitland Phone No: 4933 3824 Contacts: Shawn Stowe, Joley Manton</p>
<p>Murrumbidgee General Practice Network Area: Leeton Phone No: 6953 6454 Contacts: Karen Ingram, Yvonne Ingram</p>
<p>New England Division Division of General Practice Area: Armidale, Inverell Phone No: 6771 1146 Contacts: Nicole Kelly</p>
<p>NSW Outback Division of General Practice Area: Burke, Cobar, Lightning Ridge Phone No: 6872 4777 Contacts: Colleen Wright, Shane Boney, Mick Ah Kit, Patricia Walford, Margo Anderson</p>
<p>Southern General Practice Network Area: Bega, Moruya, Queenbeyan Phone No: 4474 5100 Contacts: Robyn Vote</p>
<p>Sydney South West GP Link Area: Campbelltown, Camden, Fairfield, Liverpool, Wollondilly Phone No: 1300 933 397 Contact: Julia Herjandono</p>

