

The logo features a dark purple background with a wavy, light purple and blue gradient at the top. The text is centered and rendered in a clean, white, sans-serif font.

MENTAL HEALTH PROFESSIONALS NETWORK

“Working together. Working better”

BACKGROUND

MHPN together with its principal partners:

- RANZCP
- RACGP
- APS
- Australian College of Mental Health Nurses

- granted \$15 million by DOHA to support the development of a multidisciplinary *national* mental health training program.
- The purpose of MHPN is to improve *consumer outcomes* in the *primary care* sector by fostering a *collaborative clinical approach* to the provision of *mental health care*.

MHPN Advisory Group

- Members plus
- AGPN
- Australian Association of OTs
- Australian Association of SWs
- Royal College of Physicians-Paediatrics
- Mental Health Council
- Australian College of Rural and Remote Medicine
- National Mental Health Consumer and Carer Forum
- DOHA

Key Elements

- Delivery of the education and training package to *multidisciplinary* groups of mental health professionals in the form of 1,200 network workshops over the next two years. (305 in rural and remote areas)
- facilitated discussion of case studies developed by a multidisciplinary team of clinicians;
- promotion of referral pathways for collaborative care.
- Support for the *development and maintenance of ongoing local networks* and small group learning opportunities between general practitioners, psychiatrists, psychologists, mental health nurses, paediatricians, social workers and occupational therapists.



Education and Training

- Multidisciplinary workshops with case based discussion on the collaborative delivery of mental health care.
- 2 hours duration
- Facilitated by local MH professionals.
- Approximately 20 participants per workshop
- 1,200 over a 2 year period

Education and Training Timetable

- Feb 2009 - June 2009 workshop rollout
- Apr 2009 – parallel network support
- Jan 2009 - Dec 2010 ongoing evaluation

Resources

- Facilitators provided with a manual to guide group activities
- Participants provided with a manual outlining MBS items , associated reporting requirements and mental health resource links.
- Login access to interactive web portal to support workshops and local clinician communication
- Supported through a live 1800 information line



Incentives

- Private practice clinician participants in the first MHPN Education & Training Workshop will be remunerated \$150 for their attendance.
- Facilitators will be remunerated at a higher rate
- Each participating professional organisation will recognize workshop attendance as eligibility for Continuing Professional Development (CPD)

Where are we up to?

- Facilitator and Participant manuals developed and trialled
- Workshop trials - Bathurst, Launceston, Elizabeth, Newtown
- Developing capacity – employing staff, setting up organisation (aim to be fully operation by 2009)
- Developing implementation plan for workshop roll-out, website, evaluation

KEY POINTS

- The facilitator – must pass MHPN quality selection process
- Session must be interdisciplinary (to maintain integrity of MHPN message)
- Clinical content (restricted to cases studies on mental health & not ‘interesting but unrelated cases or speakers’)
- One case study only to allow adequate time for dedicated networking.
- Session structure – dedicated time to networking activities, case study review and discussion about ‘where to next’.



Better Access to Mental Health Care Initiative
Launceston Mental Health Interdisciplinary
Networking Workshop

to be facilitated by

Samantha Splatt **Kerri Merse** **Dr Nick Cummings**
Clinical Psychologist Clinical Psychologist Addiction Medicine
Specialist

Clinical case presentation
Case study discussion, strategies and resources
Networking with local mental health providers
Ongoing collaborative care opportunities

When: Tuesday 8th July 2008
Time: 6:30pm - Drinks 7:00pm–9:00pm – Dinner and Workshop
Venue: Mercure Hotel – 3 Earl Street, Launceston
RSVP: Essential for catering by Tuesday 1st July 2008. Early advice of any special dietary requirements you may have would be appreciated

For more information and to RSVP please contact Samantha Splatt at General Practice North on ☎ 6331 9296 or Fax: 6334 2443

✦ **Numbers are limited so please reserve your place early to avoid disappointment** ✦

Please supply business hours contact details for confirmation of your place:

Name: _____ ☎: _____

GP Psychiatrist Psychologist Mental Health Nurse Occupational Therapist Social Worker Paediatrician

mail: _____ Fax: _____

QA&CPD points will be available for this session

Australian General Practice Network

- Key collaborator
- Immediate source of local networks
- Source of information on local clinical leaders
- Local knowledge re venues, facilities
- Role of/for APS in ongoing networks